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# Role of 'Articulators in FPD'- A Narrative Review

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**ABSTRACT**: Because the articulators make it possible to replicate mandibular movements for precise occlusal analysis and treatment planning, articulators are crucial instruments in prosthodontics. Different articulator types—non-adjustable, semi-adjustable, and fully adjustable—are employed in Fixed Partial Dentures (FPDs) to replicate jaw movements to differing degrees of accuracy. Prosthesis fabrication is now more accurate and efficient thanks to recent developments like digital articulators and CAD/CAM integration. These developments have enhanced restoration quality and expedited processes. The overall success of FPDs is improved and accurate treatment outcomes are guaranteed by the ongoing evolution of articulators. Hence this review article aims to discuss various articulators using for FPD Treatments, their advantages and focus on recent advancement of articulators using in FPD.

#### I. INTRODUCTION

For Fixed Partial Dentures (FPDs) to be manufactured and work properly, articulators are essential. These mechanical devices mimic the movements of the jaw and temporomandibular joint (TMJ). This aids in prosthetic restoration design, modification, and assessment. For FPDs to be successful both functionally and aesthetically, the right articulators must be chosen and used. When choosing between hinge, semi-adjustable, or completely adjustable articulators, dentists must consider the intricacy of the case as well as the level of precision that is needed. An outline of their responsibilities is provided below:

## 1. Precise Reproduction of Mandibular Motions

In order to develop restorations that complement the patient's natural occlusion and jaw dynamics, articulators must reproduce mandibular movements including protrusion, retrusion, and lateral excursions. [1]

#### 2. Analysis of Occlusal Relationships

Accurate assessment of both static and dynamic occlusal connections is made possible by articulators. This guarantees that there are no occlusal interferences or early contacts in the FPD. [2]

#### 3. Assists in Reaching Equilibrium Occlusion

The lifespan of FPDs and the avoidance of parafunctional habits depend on a balanced occlusion, which is ensured by the appropriate use of articulators. [3]

# 4. Facilitates Communication in the Laboratory

Laboratory workers and dentists can share a common reference framework by mounting patient casts on articulators. This reduces the possibility of mistakes when creating FPDs. [4]

#### 5. Functional and Parafunctional Stress Simulation

By simulating the strains experienced while chewing or clenching, articulators aid in the design of restorations that are resistant to masticatory forces. [5]

#### 6. Modifications Based on the Patient

The fit and comfort of FPDs can be enhanced by customizing advanced semi-adjustable or completely adjustable articulators to match each patient's particular mandibular movements. [6]

#### 7. Applications for Diagnosis

Articulators aid in the diagnosis of TMJ problems, occlusal discrepancies, and the preparation of complicated FPD patients. [7]

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#### Various articulator and their adjustment in Fixed Partial Dentures (FPDs) work

1. Articulator Types

Based on their capacity to mimic mandibular motions, articulators are divided into the following categories: A. Non-Adjustable Articulators

Features: Limited capacity to mimic mandibular dynamics; simple hinge-like movement.

Application: Fit for straightforward situations requiring little occlusal modification.

Limitations: May be inaccurate due to inability to replicate lateral or protrusive movements.

Simple hinge articulators are one example. [8]

# **B. Semi-Adjustable Articulators**

Features include the ability to mimic lateral movements, condylar guiding, and certain patient-specific parameters. Techniques for Adjustment:

Facebow Transfer: Gives the articulator the maxilla's spatial relationship.

Condylar Guidance: Modify the inclination to correspond with the protruding records of the patient.

Bennett Angle: Using clinical or wax data, account for lateral movements.

Use: Applied to situations that are relatively difficult, such as full-arch restorations or multiple-unit FPDs. Hanau or Artex articulators are two examples. [9]

#### C. Fully Adjustable Articulators

Features: Accurately simulate rotational, translational, and instantaneous side changes of the individual mandible. Techniques for Adjustment:

Mandibular movements are recorded and transmitted to the articulator by pantographic tracing.

Custom Condylar Inserts: Enable accurate condylar path replication.

Use: Complicated situations involving substantial occlusal repair, TMJ problems, or full-mouth rehabilitation. Denar or Stuart D5A articulators are two examples. [10]

#### **D.** Virtual Articulators

Qualities: CAD/CAM-enabled digital versions of fully adjustable articulators. Techniques for Adjustment: Digital Jaw Tracking: Digitally records motions of the mandible. Software Calibration: Provides a virtual simulation of occlusal dynamics.

Uses include complicated prosthodontic cases, guided procedures, and high-precision FPDs. [11]

# 2. Importance of Adjustment Techniques

#### **Facebow Transfer**

Transfers the spatial relationship of the maxillary arch to the articulator. Ensures that the axis-orbital plane is accurately reproduced. [12]

#### Interocclusal Records

Record the patient's maximal intercuspation (MI) or centric relation (CR).

aids in Bennett angles and condylar element setting. [13]

Condylar guiding is modified based on the patient's protrusive course using protrusive records.

maintains balanced anterior guiding while operating. [14]

# **Protrusive Records**

need to modify the Bennett angle, which takes into account the lateral movements of the mandible.

vital for maintaining occlusion balance during eccentric motions. [15]

### Lateral Records

Required for adjusting the Bennett angle, reflecting the lateral mandibular movements. Essential for balancing the occlusion in eccentric movements. [16]

#### 3. Clinical Advice for Using Articulators Effectively

Selection: Choose the right articulator type based on the case's complexity.

Precision: Always confirm that interocclusal and facebow transfer records are accurate.

Calibration: To prevent mistakes, calibrate completely and semi-adjustable articulators on a regular basis.

Training: Make certain that technicians and clinicians are proficient in the usage and adjustment of articulators.



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In order to ensure that occlusion, aesthetics, and function meet patient needs, articulators are essential to the planning and implementation of FPDs. The quality and predictability of prosthodontic results are improved by being aware of the many types of articulators and becoming proficient in their adjusting methods.

#### Difference between Articulators using for Removable Denture prosthodontic treatment and FPD treatment

Indeed, articulators utilized in Fixed Partial Denture (FPD) treatment and those used in removable denture prosthodontics differ significantly. These variations result from the two types of prosthesis' different functional and biomechanical needs. Here is a thorough comparison:

# 1. Functional Goals

**Removable Prosthodontics** : In order to guarantee appropriate stability, retention, and function, removable prosthodontics focuses on recreating the entire dentition as well as the soft tissues that support it, such as the mucosa and residual ridge.

**FPD:** Occlusal harmony, aesthetics, and the relationship with the occlusion and existing natural teeth are the main topics of FPD. [17]

# 2. Articulator Types

Articulators That Are Not Adjustable: used more frequently in simpler instances, such as single complete dentures, in removable prosthodontics. used infrequently in FPD because occlusal modifications require more accuracy.

Articulators with semi-adjustable :extensively utilized for FPDs and removable dentures.

Setting condylar guidance for a balanced occlusion during functional and parafunctional motions is the main goal of adjustments in removable prosthodontics.

FPD: A stronger focus on attaining accurate dynamic and static occlusion. [18]

# **Fully Adjustable Articulators**

**Removable Prosthodontics**: rarely utilized in detachable prosthodontics because of their intricacy and low requirement for this level of accuracy.

**FPD:** frequently employed in FPD for complex occlusal reconstruction cases or full-mouth rehabilitation where meticulous replication of mandibular movement is required. [10]

#### 3. Facebow Transfer

**Removable prosthodontics**: The orientation of the maxillary arch with respect to the condyles is frequently replicated through facebow transfer. In order to guarantee correct occlusal plane alignment and aesthetics, this is essential for complete dentures.

**FPD**: Facebow transfer is also essential for attaining exact occlusal alignment in FPD, particularly when fixed prostheses are engaging with the opposing natural dentition.[19]

#### 4. Role of Occlusal Records:

**Removable Prosthodontics**: In order to create balanced occlusion during chewing and mastication, occlusal records comprise centric relation and functional bite registration. often seeks to increase denture stability by achieving a bilaterally symmetrical occlusion.

**FPD**: makes sure there are no early interactions or interferences by concentrating on focal occlusion. On the basis of natural dentition, anterior guidance and group function are taken into consideration. [20]

# 5. Adjustment of Condylar Settings

**Removable Prosthodontics:** In removable prosthodontics, condylar settings—such as Hanau's formula for lateral condylar inclination—are modified to mimic average functional movements in order to produce balanced articulation. **FPD:** To guarantee restoration-specific occlusion, settings are tailored based on accurate mandibular recordings (lateral and protrusive records). [21]

#### 6. Virtual Articulators

**Removable Prosthodontics**: Although less popular, removable prosthodontics is becoming more and more popular for digital processes in full and partial dentures.

FPD: Often utilized in CAD/CAM processes, this tool enables accurate occlusal correction and virtual articulation.[22]



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Key Takeaways

Aspect	<b>Removable Prosthodontics</b>	FPD Prosthodontics
Primary Goal	Balanced occlusion and denture stability	Occlusal harmony and functional restoration
Articulator Type	Semi-adjustable or non-adjustable	Semi-adjustable or fully adjustable
<b>Facebow Transfer</b>	Orientation of occlusal plane	Occlusal alignment with natural dentition
<b>Occlusal Records</b>	Centric relation, balanced occlusion	Centric occlusion, anterior guidance
Condylar Adjustments	Average settings for balance	Patient-specific settings for precision

# Classification of Articulators for Fixed Partial Dentures (FPD)

Based on its functionality, design, and capacity to mimic mandibular motions, articulators are categorized for use in the treatment of FPD. An exclusive classification designed just for FPD articulators is provided below:

# 1. Based on Adjustability

A. Articulators That Are Not Adjustable

Description: Limited functionality; simple hinge movement.

Only basic opening and closing motions are simulated.

Use: Single-unit repairs in which occlusal harmony is not essential.

Benefits include cost effectiveness and ease of usage.

Limitations: In complex FPD situations, the inability to replicate lateral or protrusive movements may result in errors. [23]

**B.** Characteristics of Semi-Adjustable Articulators: They can replicate protrusive, lateral, and some condylar motions. For precise setup, occlusal data and facebow transfer are needed.

Types:

Arcon Articulators: The lower component is fastened with condylar elements.

mimics the anatomy of the TMJ in nature.

Non-Arcon Articulators: The upper component is secured using condylar members.

The anatomy of the TMJ is not exactly replicated by movement.

Application: Moderately difficult instances, multi-unit FPDs.

Benefits: Strikes a balance between precision and usability.

Limitations: Limited capacity to reproduce intricate TMJ motions. [24]

**C. Fully Adjustable Articulators**: Capable of reproducing all mandibular motions, including progressive side shifts, immediate side shifts, and personalized condylar pathways.

calls for advanced recording methods, such as pantographic tracings.

Use: TMJ issues, full-mouth rehabilitations, and extremely complicated FPD cases.

Benefits: Excellent accuracy, mimics movements unique to each sufferer.

Limitations: costly, time-consuming, and requiring skill. [10]

#### 2. Design-Based

# A. Arcon Articulators

The bottom component features condylar elements in an anatomically correct design.

Benefits include ease of use and an accurate representation of mandibular movements.

Limitations: The anatomy of the TMJ cannot be entirely replicated. [25]

B. Non-Arcon Articulators: Condylar components on the top member, non-anatomic design.

Benefits: Stable and long-lasting for particular lab operations.

Limitations: Mandibular movements are not as accurately simulated. [19]

#### 3. Based on Method of Mounting

#### A. Simple Hinge Articulators:

Description: Simple design that merely hinges open and close.

Use: Simple situations with a low level of occlusal complexity.[26]

# **B.** Articulators with Facebow:

Description: Uses facebow transfer to mimic the alignment of the maxillary arch. Use: Situations where exact occlusal plane alignment is necessary. [27]

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#### 4. Based Functionality

A. Centric Lock Articulators: Locks in the centric relation (CR) position are described. Occlusal harmony in CR was the main focus. Use: Benefits FPDs mounted on CRs. [2]

# **B. Fully Functional Articulators:**

The entire range of mandibular movements is simulated. enables occlusal adjustment and dynamic analysis. [28]

# 5. Digital Articulators:

CAD/CAM systems are coupled with virtual articulators. uses 3D models to simulate occlusal dynamics unique to each patient. Use: Digital workflows, intricate occlusal analysis, and high-precision FPDs. Benefits: Reproducible, accurate, and effective. Limitations: The initial hardware and software investment. [22]

#### Summary Table

Classification	Examples/Types	Applications
By Adjustability	Non-Adjustable, Semi-Adjustable, Fully Adjustable	Simple to complex FPD cases
By Design	Arcon, Non-Arcon	Simulation of mandibular movements
<b>By Mounting Method</b>	Simple Hinge, Facebow-Based	Basic to precise occlusal alignment
<b>By Functionality</b>	Centric Lock, Fully Functional	CR-focused or dynamic occlusion
<b>Digital Articulators</b>	CAD/CAM Articulators	Virtual planning for FPD workflows

# Articulators Exclusively Used for Fixed Partial Dentures (FPD):

In order to recreate patient-specific occlusion and mandibular motions, articulators made or frequently used for FPDs place an emphasis on usefulness, precision, and customisation. A list of significant articulators that are specifically utilized in the treatment of FPD is provided below, along with information on their characteristics, uses:

### 1. Artex Articulators (Amann Girrbach)

Type: Arcon type, semi-adjustable. Features: Ergonomic and lightweight design. Condylar guiding can be adjusted to accommodate lateral and protrusive movements. Facebow system compatibility for precise maxillary orientation. Applications include fairly complicated instances and multi-unit FPDs. guarantees precise occlusal harmony for both functional and aesthetic results. [29]

#### 2. Hanau Wide-Vue Articulator.

Features include Bennett angle and condylar inclination adjustment. extensive range of protrusive and lateral movement adjustments. streamlined maintenance and calibration. Applications include multi-unit FPD instances and full-mouth reconstructions. Perfect for balancing occlusion and occlusal modifications. [30]

#### 3.Denar Mark II/300 Series Articulators

Type: Semi-adjustable (300 Series) and fully adjustable (Mark II). Features include instantaneous side shift, Bennett angle, and extremely accurate condylar guiding modifications. includes pantographic tracings for models that are completely movable. modular architecture with possibilities for digital integration. Applications include TMJ analysis and FPDs involving intricate occlusal dynamics. utilized in restorative and advanced prosthodontic treatments. [10]



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#### 4. SAM Articulators (SAM Präzisionstechnik)

Types include fully adjustable (SAM 3) and semi-adjustable (SAM 2P). Features: Intercondylar distance can be changed to suit personal preferences. exact Bennett angle and condylar inclination parameters. CAD/CAM processes and Facebow are compatible. Applications include occlusal reconstructions, full-mouth rehabilitations, and intricate FPDs. [31]

#### 5. Whip Mix Articulators

Features include lateral movement simulation and adjustable condylar guiding. robust and easy to use. For increased precision, facebow compatibility is available. Applications: Multi-unit FPDs, which provide accuracy and stability of the occlusal surface. [32]

# 6. Stuart Articulator

Features: Offers the most precise mandibular dynamics imitation. Condylar path, lateral, and immediate side shift adjustments. frequently combined with pantographic tracings to replicate movement specific to the TMJ. Applications: Complex FPD patients that need for in-depth occlusal examination. rehabilitation of the entire mouth and treatment of TMJ disorders. [33]

### 7. Panadent Articulator

Features: Provides accurate Bennett movement and condylar angle adjustments. Computerized jaw-tracking systems can be integrated because to the modular architecture. Facebow system for precise orientation based on patient. Applications include intricate FPDs with exact occlusal requirements. frequently combined with workflows that are digital. [34]

#### 8. Virtual Articulators (like Exocad and 3Shape)

Type: CAD/CAM software-integrated digital articulators. Features: Uses digital data to simulate mandibular motions unique to each subject. enables dynamic occlusal analysis and modification. removes the necessity of bodily articulation in numerous processes. Applications: Perfect for high-precision contemporary FPDs. widely utilized in prosthodontics based on CAD/CAM technology. [22]

#### **Summary Table**

Articulator	Туре	Features	Applications
Artex	Semi-adjustable	Lightweight, facebow compatible	Multi-unit FPDs, moderate cases
Hanau Wide- Vue	Semi-adjustable	Adjustable condylar and Bennett settings	Full-mouth reconstructions, complex FPDs
Denar (Mark II/300)	Fully/Semi- adjustable	Precise adjustments, pantographic integration	Complex occlusal FPD cases
SAM Articulators	Semi/Fully adjustable	Intercondylar distance adjustment, CAD/CAM integration	Occlusal reconstructions, complex FPDs
Whip Mix	Semi-adjustable	Durable, facebow compatible	Multi-unit FPDs, precision occlusion
Stuart	Fully adjustable	Accurate TMJ movement replication	Advanced FPDs, TMJ cases
Panadent	Semi/Fully adjustable	Digital integration, precise occlusal adjustments	Digital FPD workflows, complex restorations
Virtual Articulators	Digital	Simulates mandibular movements digitally	CAD/CAM-based workflows, high- precision FPDs



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#### Recent advancement in articulators using for FPD:

The accuracy and effectiveness of prosthodontic treatments have been greatly improved by recent developments in articulators for Fixed Partial Dentures (FPDs). Important advancements consist of:

#### 1. Digital Articulators and Virtual Articulation

Virtual articulators, which mimic mandibular movements in computer-aided design (CAD) software, are the result of the integration of digital technology. These methods eliminate the need for physical models and enable exact customisation of prosthetic components. Digital facebows streamline the production process and provide precise virtual articulation by capturing unique patient data. [35]

#### 2. Digital Facebows:

In order to electronically document the spatial relationship between the maxillary arch and the temporomandibular joints, digital facebows have been devised. The precision of occlusal analysis and prosthesis design is then improved by transferring this data to virtual articulators. It has been demonstrated that using digital facebows in CAD/CAM workflows for implant-supported crowns increases the accuracy of prosthetic results. [35]

#### 3. Enhanced Simulation of Mandibular Movements

More accurate mandibular movement modeling, including lateral and protrusive excursions, is now possible with modern articulators. Better-fitting prostheses and less chair time for modifications result from this improvement, which makes it possible to replicate a patient's occlusion more precisely. One important development in this field has been the capacity to tailor articulator settings according to specific patient factors. [36]

# 4. Integration with CAD/CAM Systems

Workflows in prosthodontics have been transformed by the smooth integration of articulators with CAD/CAM systems. High-precision FPD design and production are made possible by digital impressions and virtual articulators, which eliminate the need for human modifications and physical models. The precision and efficiency of prosthesis production are improved by this combination. [36]

#### 5. Improved Materials and Manufacturing Techniques

More robust and accurate articulators have been created as a result of developments in materials science and manufacturing processes. The lifetime and functionality of articulators have been enhanced by the use of high-performance polymers and sophisticated manufacturing techniques, which has led to more precise prosthodontic treatments. Together, these developments have improved the precision, effectiveness, and predictability of FPD therapies, which has improved prosthodontic patient outcomes. [36]

# **II. CONCLUSION**

Because they accurately simulate mandibular movements for precise occlusal analysis and functional restorations, articulators are still essential in Fixed Partial Denture (FPD) treatments. To satisfy contemporary clinical needs, these instruments have undergone significant evolution, moving from conventional semi-adjustable devices to sophisticated digital articulators connected with CAD/CAM systems. They play an unmatched role in improving the precision, effectiveness, and success of FPDs. Articulators will keep redefining prosthodontic norms with continuous technical advancements, guaranteeing the best results for both patients and physicians.

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